Transdermal Magnesium Therapy and Cancer
By Mark Sircus Ac., O.M.D.

This information could quite literally save your life. It certainly will extend your existence and save you and your loved ones from a considerable amount of pain. It will help you get to sleep if you are an insomniac, increase your energy levels and performance in sports if you are an athlete and help you avoid the major plagues of our time, i.e., diabetes, cancer, heart disease, neurological disorders and strokes. If you do not fall to one of these diseases your life will be extended.

What you are about to learn represents a great medical discovery and it all started for me in July of 2005 when I made a momentous phone call to Daniel Reid in Australia. I called to ask him, the author of The Tao of Detox, to tell me about a magnesium chloride product I had heard of that was applied directly to the skin or put in one's bath. His reply was simple, "t's the best detoxification agent I know of." Researching the problems of children with autism and other neurological disorders, who are suffering from mercury poisoning and other chemical toxicities, I got excited. Very excited! My research assistant, Claudia French, RN started looking around the web and found David Dartez who was selling natural form of magnesium chloride harvested from sea water. It is referred to as "magnesium oil" and he sent me a liter to try it out. It had not yet dawned on me that my life was about to change dramatically.

At the same time I stumbled on a few other professionals in this area, especially Dr. Norman Shealy who had already been using another less natural form of magnesium chloride. I found out that Dr. Shealy had already applied for a patent to use transdermally applied magnesium chloride to raise DHEA levels and thus extend people's life spans. His research was clear: only when magnesium is applied topically onto the skin, where it passes through that fatty tissue, are DHEA levels raised. Neither oral nor intravenous magnesium administration would do this.

As director of the International Medical Veritas Association I had direct access to many doctors and scientists around the globe and I began questioning and researching. Several doctors including Dr. Garry Gordon state that it is very difficult to bring up the body's levels of magnesium through oral supplementation, and research confirms this. I began to realize that I found something potentially very important and useful since magnesium has been reported by many reputable organizations to be deficient in over 68 percent of the population.

The year past I had been writing a book called The Rising Tide of Mercury with Dr. Rashid Buttar. Just recently he was quoted as saying, "I can now comfortably and definitively state to you that, in my opinion, based on the evidence, every single chronic insidious disease process is related to one word: toxicity. You cannot address the issues of aging unless you address detoxification." Dr. Buttar, board certified and a diplomate in preventive medicine and clinical metal toxicology, and Vice-Chairman and of the American Board of Clinical Metal Toxicology, contends that he only recently arrived at this conclusion. "Five years ago I wouldn't have said this, even a year ago I
wouldn't have said it. But the more success we've had, the clearer it has become: All chronic disease is toxicity. You get rid of the toxicity and you put it on fire. You may need to rebuild afterward, but you must put the fire out. Conventional medicine is just covering your eyes so that you don't see the fire."

Dr. Buttar, in my eyes, is a great clinician and I learned a lot about his approach to treating autistic children with chelation drug called TD-DMPS. "TD" stands for transdermal so I was already familiar with this growing approach to applying medicines through the skin. It was most exciting to hear about the success he was having, bringing a good percentage of his young patients back from the shadows of autism, which most of them disappeared into after suffering damages from receiving their mercury-containing vaccines. The only problem was that all of my professional life I had been naturopath trained in Chinese medicine and acupuncture. It just went against my instincts to administer more toxic drugs to already toxic patients.

What you are about to read represents a monumental medical and dental discovery. We find out after all that the most basic nutritional substance from the sea is the most powerful and safe medical healing substance. Magnesium chloride as you will see, the same product when injected during a heart attack or stroke to save your life, can be used in a wide variety of disorders. I even use it as the best mouthwash you can imagine and it has saved my gums and thus my teeth from deterioration.

I am not going to tell you that it is the only nutritional/medicinal agent that you will need to take but I will tell you that it is the first one you need to take and that it will enhance any other medical and dental treatment you will undergo. Personally I will not treat a patient who is not replenishing their magnesium levels for I do not enjoy failing my patients.

In this book you will see me quoting quite frequently Dr. Carolyn Dean who wrote The Miracle of Magnesium. Her title was well chosen. Magnesium, especially in the chloride form when applied transdermally, is the medical miracle we have been waiting for. It is the first medicine that you should stock in your medicinal cabinet.

Magnesium is useful for so many things that you will need to read both this book and Dr. Dean's book to explore all its possibilities. With it you can alleviate a score of common problems like muscle pain, insomnia, migraines, menstrual pain, and depression. You can activate your vital enzyme processes and ATP production to increase your energy levels for magnesium is as much food to the body as wheat, rice, or any meat.

In the nightmarish ago of toxicity we have entered, it is the Waters of Life and magnesium chloride found in them that will help us avoid the great plagues afflicting humanity: heart disease, cancer, strokes and diabetes. It will even help children survive their vaccines as will vitamin C. In the 21st century the medical industrial complex will meet its match in a simple abundant magnesium salt from the sea.
Magnesium and Cancer
By Bill Sardi, Knowledge of Health, Inc.

It is generally accepted that a higher magnesium intake in the drinking water is associated with reduced cancer incidence and reduced frequency of cardiac infarction. Researchers from the School of Public Health at the University of Minnesota have just concluded that diets rich in magnesium reduced the occurrence of colon cancer. A previous study from Sweden reported that women with the highest magnesium intake had a 40 per cent lower risk of developing the cancer than those with the lowest intake of the mineral. Preliminary data also suggests a relationship between low intake of magnesium and kidney cancer.

Several studies have shown an increased cancer rate in regions with low magnesium levels in soil and drinking water as well. In Egypt the cancer rate was only about 10% of that in Europe and America. In the rural fellah it was practically non-existent. The main difference was an extremely high magnesium intake of 2.5 to 3 g in these cancer-free populations, ten times more than in most western countries.

Dr. Seeger and Dr. Budwig in Germany have shown that cancer is mainly the result of a faulty energy metabolism in the powerhouses of the cells, the mitochondria. ATP and most of the enzymes involved in the production of energy require magnesium. A healthy cell has high magnesium and low calcium levels. The problem that comes with low magnesium (Mg) levels is the calcium builds up inside the cells while energy production decreases as the mitochondria gradually calcify.

“Mg2+ is critical for all of the energetics of the cells because it is absolutely required that Mg2+ be bound (chelated) by ATP (adenosine triphosphate), the central high energy compound of the body. ATP without Mg2+ bound cannot create the energy normally used by specific enzymes of the body to make protein, DNA, RNA, transport sodium or potassium or calcium in and out of cells, nor to phosphorylate proteins in response to hormone signals, etc. In fact, ATP without enough Mg2+ is non-functional and leads to cell death… Dr. Boyd Haley asserts strongly that, “All detoxification mechanisms have as the basis of the energy required to remove a toxicant the need for Mg-ATP to drive the process. There is nothing done in the body that does not use energy and without Mg2+ this energy can neither be made nor used.” Detoxification of carcinogenic chemical poisons is essential for people want to avoid the ravages of cancer. The importance of magnesium in cancer prevention should not be underestimated.

The School of Public Health at the Kaohsiung Medical College in, Taiwan, found that magnesium also exerts a protective effect against gastric cancer, but only for the group with the highest levels. Among other effects, magnesium improves the internal production of defensive substances, such as antibodies and considerably improves the operational activity of white, granulozytic blood cells (shown by Delbet with magnesium chloride), and contributes to many other functions that insure the integrity of cellular metabolism.
A Dr. Hans A. Nieper, back in 1961, introduced cardiac therapy based on magnesium aspartate. He was surprised to observe that hardly any new cancer occurrences appear in the group of patients so treated… In an uncontrolled trial, researchers in the UK found that intravenous magnesium relieves neuropathy pain in patients with cancer.

It is known that carcinogenesis induces magnesium distribution disturbances, which cause magnesium mobilization through blood cells and magnesium depletion in non-neoplastic tissues. Magnesium deficiency seems to be carcinogenic, and in cases of solid tumors, high levels of magnesium inhibits carcinogenesis. Both carcinogenesis and magnesium deficiency increase the plasma membrane permeability and fluidity.

The latest study, conducted by researchers at the Pasteur Institute in France, among 4035 men age 30-60 years over a period of 18 years, found males with the highest blood serum concentration of magnesium and zinc experienced up to a 50% reduction in cancer mortality, while high copper levels combined with low zinc and magnesium produced elevated cancer death rates. [Epidemiology 17: 308014, 2006]

Remarkably, 10% of the U.S. population consumes less than half the recommended dietary allowance for zinc and are at increased risk for zinc deficiency. [Journal Nutritional Biochemistry 15: 572-78, 2004] Most Americans are also deficient in magnesium.

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