

## Foundation of Creation Series

### *Class Two* Dust of the Earth

#### I. WHAT ARE WE MADE OF?

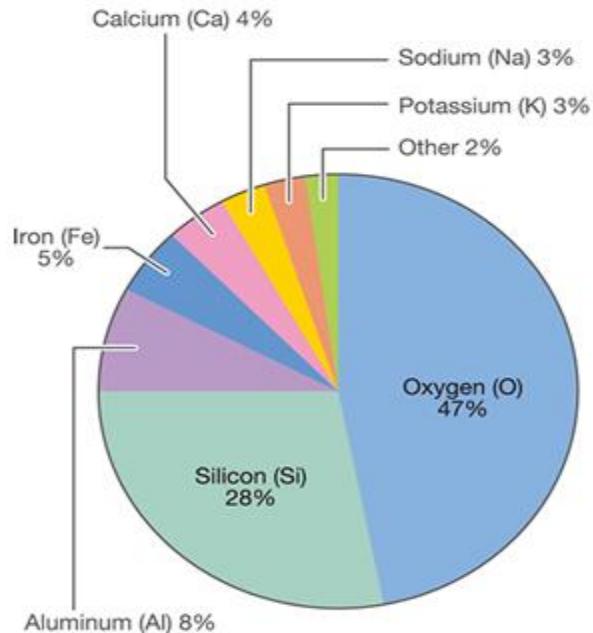
A. We only know who we are, where we come from and why we are here because of the Word of God. The theory of evolution is the result of men doubting the possibility of an intelligent designer, in spite of the scientific evidence pointing in that direction. Science can never prove evolution to be true, because science came from God and so did we. As science is discovering, the more we learn about the world, the more it becomes impossible to deny God. The Bible tell us:

***"And the Lord God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living being."***

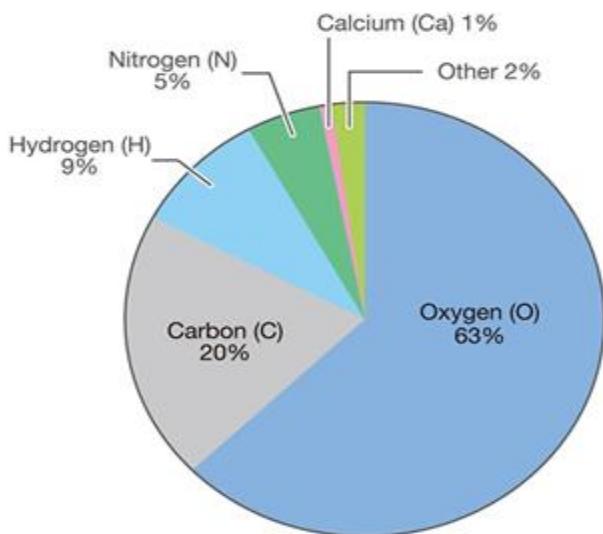
B. Ground = Hebrew 127 'adamah' meaning soil, country, earth, ground, dirt or clay. Adam = Hebrew 119/120 'adam' meaning flush, red, rosy, ruddy, man, person. Eve = Hebrew 2331/2332 'chavah' meaning life or living. She is referred to as the mother of all the living. (Strong's Concordance)

C. Creation of mankind was an intimate occasion. In Genesis 1:24 God created animals and said "Let the earth bring forth living creatures." But when God created mankind, Genesis 2:7 tells us that "God formed man out of the dust of the ground." This shows God's desire to make us special and to mold us with His own hands.

Main elements constituting the earth's crust



Main elements constituting the human body



+ ZOOM

- D. Every mineral found in the human body is also found in the earth.
- E. Carbon. Plants consume carbon dioxide from the air to build nutrient compounds, and release oxygen. We eat plants (or animals that eat plants), consuming carbon. We use the carbon for nutrients and energy, then release the carbon dioxide back into the air, making it once again available to the plant kingdom. This is called the carbon cycle.
- F. Oxygen. Note the most abundant nutrient in the earth's crust is also the most abundant nutrient in the human body, OXYGEN! The breath of life, also from Genesis 2:7.
- G. Hydrogen. Hydrogen makes up approximately 9% of the human body. When you combine hydrogen and oxygen you get water. The earth is approximately 2/3 water and 1/3 land. Our bodies are approximately 2/3 water. Coincidence? Interestingly, hydrogen is also the most abundant element in the universe and the lightest element on the periodic table.
- H. What are the most important elements that should go into the human body? Food (carbon) is clearly important, but could we be missing a key to health considering carbon only represents 20% of the make-up of our body? Although we know the human body is dust of the earth, there is also a huge component including oxygen and hydrogen. Could this be pointing to the fact that we are both flesh and spirit?
- I. If we learn and understand what the human body is composed of, this should change the way we think about what we are putting into our bodies.

## **II. THE GROUND IS ALIVE AND WE ARE INTIMATELY CONNECTED TO IT**

- A. Dirt, clay, earth, soil is a living substance. Not only does the ground contain vital elements, but it is teeming with life and living organisms. Clay (the ground) also has a negatively charged polarity (magnetic pull) because of the molecular design of planet earth. What activates dirt and makes it alive? The sun, water, oxygen, minerals, soil organisms, and magnetism of the earth all make soil alive.
- B. Because we are made from the "dust of the ground," this means our bodies contain the same elements as found in the ground such as oxygen, minerals, hydrogen and soil organisms (living bacteria). Healthy bacteria are a fairly recent discovery, yet critical in understanding human health. There are trillions of living organisms in and on our body and there are more living organisms in one square inch of your skin than there are people on the planet. Healthy bacteria in our bodies weighs approximately five pounds.
- C. Your body is dirt, clay, earth, and soil. It is alive! You need sun, water, oxygen, minerals, soil organisms and the magnetism of the earth to be alive and stay alive.
- D. It is healthy to be in the dirt. We are from the dirt! We must embrace dirt. Our culture has developed a phobia over dirt. We sterilize everything with antibacterial soap, wear rubber-soled shoes so our feet don't touch the earth, scrub our fruits and veggies until they are spotless and shiny and sterilize our bodies with toxic pharmaceutical drugs and antibiotics. We need to get back into the dirt and embrace who we are. Our system of medicine needs to understand God's design of the human body and start to work with it, not against it.
- E. "Uncivilized" ancient cultures walked in the dirt, played in the dirt, bathed in the mud, used mud for healing the body and even ate the dirt. Our "civilized" culture is scared of the dirt, has created a war against dirt and germs, and calls craving and eating dirt a disease (pica). Here is what [www.webmd.com](http://www.webmd.com) has to say about pica (note that it is in the mental health section):  
  
Definition - "Pica is the persistent eating of substances such as dirt or paint that have no nutritional value."

## **Recommended Related to Mental Health**

### **How Is Pica Diagnosed?**

If pica is suspected, a medical evaluation is important to assess for possible anemia, intestinal blockages, or potential toxicity from ingested substances. If symptoms are present, the doctor will begin an evaluation by performing a complete medical history and physical exam. The doctor may use certain tests -- such as X-rays and blood tests -- to check for anemia and look for toxins and other substances in the blood, and to check for blockages in the intestinal tract. The doctor also may test for possible infections caused by eating items contaminated with bacteria or other organisms. A review of the person's eating habits also may be conducted.

**Before making a diagnosis of pica, the doctor will evaluate the presence of other disorders -- such as mental retardation, developmental disabilities, or obsessive-compulsive disorder -- as the cause of the odd eating behavior. This pattern of behavior must last at least one month for a diagnosis of pica to be made.**

### **How Is Pica Treated?**

Given the risk of medical complications (such as lead poisoning) associated with pica, close medical monitoring is necessary throughout treatment of the eating behavior. Additionally, close collaboration with a mental health team skilled in treating pica is ideal for optimal treatment of these complex cases.

The *Handbook for Clinical Child Psychology* currently **supports general behavioral strategies as the most effective treatment approach for pica**, with training in which foods are edible and which foods cannot be eaten through the use of positive reinforcement.

### **What Is the Outlook for People With Pica?**

Pica usually **begins in childhood** and typically lasts for just a few months. However, it is likely to be more difficult to manage in children who are developmentally disabled.

### **Can Pica Be Prevented?**

**There is no specific way to prevent pica.** However, careful attention to eating habits and close supervision of children known to put things in their mouths may help catch the disorder before complications can occur.

### **III. HUMAN BEINGS ARE CREATED TO MATCH THEIR HABITAT**

- A. All animals have a habitat in which they live; penguins, lions, aardvarks, moles and centipedes. They are all dependant on God's provision. If you remove an animal from their habitat, or do not feed them their natural diet, they will perish prematurely. Humans are no different. Our habitat is the earth and we are dependent on God's provision. If we do not embrace our habitat (sun, oxygen, earth, etc.) and do not eat our natural diet, we also will perish prematurely.
- B. We are trying to be independent of God by choosing our own way. We are trying to live outside of our natural habitat. This is what happened in the garden, we chose our own way. Looking at our culture today, the majority of what is happening in our food industry, clothing industry, drug industry and medical industry is not honoring God's design. The food industry was completely dependent upon God before machines came along that could manipulate God's design. Our medical industry was completely dependent on God (plants, trees, herbs, sunshine, oxygen and water) before man discovered synthetic chemicals and began manipulating God's design. God is calling us back to the garden!
- C. Mankind is mainly doing one of two things to manipulate God's original design. One is manipulating the food and changing the original design which we see in GMO's, hybridization and removing nutrients such as vitamins and minerals to prolong shelf life. The other is taking something designed by God that was never meant to be in the human body in the first place and making products out of them that we are eating and/or wearing. Examples would be artificial flavors, colors and polyester clothing which are petroleum based. Many cheap vitamins found in health food store are petroleum based as well. What matters is where the food or clothing originally comes from.

***"There is a way that seems right to a man, but its end is a way of death." Proverbs 16:25***

- D. Mankind is unique in that we are both earthly beings and spiritual beings. We are connected to God through the ground from which He fashioned us. We are also connected to God through our Spirit. We have the ability to interact with both realms (earthly and heavenly). *We should be aspiring to obtain everything possible that God would have for us in both the physical and spiritual. Many people are focused on the spiritual while ignoring their physical bodies or vice-versa.*
- E. God loves to meet man in his natural habitat. He desires to be with us, even in our natural form and delights in meeting with us in the body He created.
- God the Father walked with Adam and Eve in the garden.
  - God came as flesh, through Jesus Christ, to walk with man on the earth, conquer death and give us a way to eternal life.
  - The Holy Spirit is now here on the earth to guide us and lead us into all truth. As believers, the Holy Spirit lives in us.

F. Our body is the temple, habitat, the container, the vessel, the garden through which God wants to work. We have access to the Holy of Holies because of Jesus Christ. God needs vessels to pour Himself in to. How we treat our body is important. *God dwelling in us! He wants us to fully surrender our lives to Him so He can produce good fruit through us.*

**"Or do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own? For you were bought at a price; therefore glorify God in your body and in your spirit, which are God's." 1 Corinthians 6:19-20**

#### **IV. THE HUMAN BODY IS A GARDEN**

A. Everything you need to do to your garden is a direct parallel of how we need to treat our bodies. Just as plants, we need healthy soil, water, sunlight, oxygen, minerals, living bacteria and other organisms, proper Ph balance, etc. We also need to pull weeds and make sure the roots grow deep and have room to grow. We often treat our plants better than we treat ourselves.

**"Now he who plants and he who waters are one, and each one will receive his own reward according to his own labor. For we are God's fellow workers; you are God's field, you are God's building."**

**1 Corinthians 3:8-9**

B. Purity of seed is important. All gardens started with a seed. We desire purity in our gardens and we are looking for organic, heirloom and non-genetically modified seeds. Seeds contain the power of God, the life of God. All human beings also started with a seed

C. Another example of how purity is important to God is that God created all plants, birds, sea creatures and animals "according to its kind." This is one of many reasons evolution is impossible. Genetic modification (GMO) of plants and animals is contrary to God's design. It is man saying "I have a better way than you God" in areas of growing, caring for and harvesting of food. GMO crops are infertile and do not produce seed. This is why GMO foods are wreaking havoc on the world food supply. It is unnatural and dangerous to pervert, manipulate and alter God's design. Processed and GMO foods are contrary to life, contrary to the life-giving hand of God.

D. Jesus Christ is an example of a pure seed with unpolluted blood. God said to the devil after the fall:

**"And I will put enmity between you and the woman, and between your seed and her Seed; He shall bruise your head, and you shall bruise His heel." Genesis 2:15**

E. The seed (sperm) of Jesus Christ came from God, by divine appointment, which was perfect, and therefore not passed down through the sin of Adam. Mary was the chosen vessel to bring Jesus into the world. Her soil (her body) and her egg started the process of the formation of Jesus in the womb. But didn't Mary have polluted blood (from sin) as well? Yes, but here is what is fascinating about the fetal development process: From the time of conception to the time of birth of the infant, not one single drop of blood ever passes from mother to child. The placenta passes nutrients (proteins, fats, carbohydrates, minerals and antibodies), but no interchange of blood ever takes place. All the blood which is in that child is produced within the child itself.

F. The human body is the soil for the seed of our future generations. Pregnancy nutrition is of vital importance. God is a perfect designer with perfect blueprints, but we still have to provide the proper building blocks and resources. This is why we have an epidemic of infertility in our society. We are eating processed foods, taking drugs, smoking, drink alcohol, avoiding the sun and drinking tap water which is not providing the proper resources for the mom (soil) or the baby (egg and sperm). The same applies for men!

G. Seeds are fragile, just as a baby in the womb. It must be nourished and properly cared for. A baby needs the same nourishment as any seed in your garden (water, minerals, sunshine, living organisms, oxygen, quality foods). How we care for our seeds and our soil is critical to the process of life. The most important time to care for a baby is in the womb and immediately after birth.

H. What is true for plants and animals is also true for people. Good seeds and good soil leads to deep roots, strong and healthy organisms, and quality fruit (plants, trees, animals or people). Caring for seeds leads to life, and improper care leads to premature death (plants, trees, animals or people). Healthy, thick grass chokes out the weeds (tares) just as a good healthy organism keeps away the bugs (plants, trees, animals or people).

***"For what happens to the sons of men also happens to animals; one thing befalls them: as one dies, so dies the other. Surely, they all have one breath; man has no advantage over animals, for all is vanity."***  
**Ecclesiastes 3:19**

I. Trees and plants are a reflection of our internal makeup:

#### **Plants and Trees**

- Roots absorb water and minerals to be distributed throughout organism
- Hairs in roots absorb nutrients
- Stomata of plant is where exchange takes place between CO<sub>2</sub> and oxygen
- Leaves and branches absorb sun
- Epidermis protects plant or tree (stem or bark)
- Grow using DNA and cellular division

#### **Humans**

- Gastro-Intestinal Tract (roots) absorb water and minerals to be distributed
- Villi on GI tract absorbs nutrients
- Alveoli in lungs is where exchange takes place between CO<sub>2</sub> and oxygen
- Skin absorbs sun
- Epidermis protects person (skin)
- Grow using DNA and cellular division

## J. The Germ Theory vs the Terrain Theory of Disease

From Natural News:

(NaturalNews) Mainstream medicine believes that virtually all illness is caused by germs or genetic hereditary weakness, as well as deformities and trauma injuries. Their solution and strategy is to have us believe that there are over 10,000 different diseases and that each of these diseases requires outside intervention from drugs and surgery. **The truth is that most illness is due to cellular malfunction caused by cellular toxicities and cellular malnutrition, both of which can be avoided and overcome naturally.**

It was Louis Pasteur, the so-called "father of modern germ theory" so widely revered by mainstream medicine, who was largely responsible for germ theory being a primary precept of today's medical practice. Few people are aware of the controversy which surrounded Pasteur in his early days or of the work of a more esteemed contemporary whose works Pasteur plagiarized and distorted. That contemporary was fellow French Academy of Sciences member Antoine Bechamp, one of France's most prominent and active researchers and biologists whose theories and research results stood in stark opposition to Pasteur's germ theory.

Pasteur essentially dug up the germ theory of disease and put his name on it. It wasn't a new idea. The concept, which theorizes that many diseases are caused by germs, had actually been outlined by other people many years before. Pasteur nevertheless claimed to have "discovered" germs. Bechamp, on the other hand, proved through original research that most diseases are the result of diseased tissue and that bacteria and viruses are largely after-effects instead of causes of disease.

**Antoine Bechamp was able to scientifically prove that germs are the chemical by-products and constituents of pleomorphic microorganisms enacting upon the unbalanced, malfunctioning cell metabolism and dead tissue that actually produces disease. Bechamp found that the diseased, acidic, low-oxygen cellular environment is created by a toxic/nutrient deficient diet, toxic emotions, and a toxic lifestyle. His findings demonstrate how cancer develops through the morbid changes of germs to bacteria, bacteria to viruses, viruses to fungal forms and fungal forms to cancer cells.**

After some initial controversy, Pasteur's germ theory ended up winning the day with mainstream medicine - owing in large part to the fact that the theory enabled mainstream medicine to hugely profit from the patented drugs and treatments for fighting germs. After all, had Bechamp's discoveries been incorporated into current medical curriculum, it would likely have meant a virtual elimination of disease and the end of the pharmaceutical industry.

The germ theory of medicine stands in stark contrast to thousands of years of man looking to nature to nourish and heal it, dating back to ancient Chinese medicine which treated the whole body instead of the symptoms of illness. As Hippocrates, "the father of medicine" observed 2400 years ago, "Nature is the physician of man." Hippocrates also advised, "Leave your drugs in the chemist's pots if you can cure your patient with food."

Though mainstream medicine might have us believe otherwise, the simple truth is that no one ever became ill due to a deficiency in pharmaceutical drugs. Lack of nutrition combined with exposure to toxins is what causes us to become ill.

Someday, germ theory and unnatural drugs will be relegated to the science junk pile where they belong and man will re-discover the value of eating a nutrient-dense organic diet, avoiding toxins and nutritional deficiencies and living a healthy lifestyle. When that happens, the words of Thomas Edison may prove to be a welcome prophecy:

"The doctor of the future will give no medicine but will interest his patients in the care of the human frame, in diet and in the cause and prevention of disease."

## V. REAPING AND SOWING

A. We reap what we sow.

***"Do not be deceived, God is not mocked; for whatever a man sows, that he will also reap. For he who sows to his flesh will of the flesh reap corruption, but he who sows to the Spirit will of the Spirit reap everlasting life." Galatians 6:7-8***

B. For over one hundred years we have been sowing into fruity pebbles, twizzlers, genetically modified foods, synthetic pharmaceutical drugs, marshmallows, coca-cola, McDonald's, Monster energy drinks, antibiotics, vaccines, sunglasses, rubber-soled tennis shoes, twinkies, white bread, kool-aid and cheez whiz. This is where our money and thoughts are going, and this is what is going in and on our Holy Temples. So where are we at today? Look around us. We have created a culture that breeds sickness and disease, separated from God and His provision. We have chosen man-made creations over God. In our sickness, we are choosing man-made solutions, turning drugs, surgery and doctors into idols. I think a generation is starting wake up!

***"Return to Me," says the Lord of hosts, "and I will return to you..." Zechariah 1:3***

***"And what agreement has the temple of God with idols? For you are the temple of the living God."***  
***2 Corinthians 6:16***

C. We must change what we are sowing. We must think about where we sow our time, money and thoughts. We must consider what we are putting into our bodies. Poor stewardship of our holy temples and of God's natural creation has resulted in unprecedented destruction. Children are often the innocent victims of our turning away from God. What seeds are we sowing into our children? What seeds are we sowing into future generations?

***"Let no one say when he is tempted, "I am tempted by God"; for God cannot be tempted by evil, nor does He Himself tempt anyone. But each one is tempted when he is drawn away by his own desires and enticed. Then, when desire has conceived, it gives birth to sin; and sin, when it is full-grown, brings forth death."*** James 1:13-15

D. God is burning with jealousy for us to remember who He is and turn back to Him. We have chosen many of the wrong things, but it is never too late to choose rightly. God will redeem His name and remind a generation of who He is. He will work through His people to bring truth and revelation.

***"Beloved, all there is to healing, is that the life of God comes back into the part that is afflicted and right away the blood flows, the congested cells respond, and the work is done. That is again God's divine science in healing."*** John G Lake

E. God created our natural habitat as a reflection of who we are and who He is. Nothing is an accident. What we see happening in the world around us can only be a reflection of the choices we have made in stewarding the earth and our bodies. If we see great health, vitality and longevity we can see we have stewarded well. If we see increasing sickness, disease and pre-mature death, we must analyze our walk with God and decide where we have gone astray.