

Foundation of Creation Series

Class One Introduction

I. THE TRINITY - FATHER, SON AND HOLY SPIRIT

A. God the Father is a giver. He gave us the earth, sun, plants, trees, water, our bodies, life, blessings and the ultimate gift, Jesus Christ. God the Father has given us abundant life, resources and everything we need to live to our fullest potential on this earth.

"For God so loved the world that he GAVE His only begotten Son, that whoever believes in Him should not perish but have everlasting life." John 3:16

B. Jesus Christ brings dominion and authority. God gave us dominion in the garden, but that was tainted because of the fall (sin). Jesus Christ took the sins of man at the cross, and re-established dominion and authority. As believers, we now have access to that dominion because of Christ's shed blood.

"Behold I give you the authority to trample on serpents and scorpions, and over all the power of the enemy, and nothing by any means shall hurt you." Luke 10:19

C. The Holy Spirit is our guide and is described as the Comforter and the Helper. The Holy Spirit is known as the Spirit of Truth. Holy Spirit reveals and imparts truth, knowledge and wisdom to believers.

"However, when He, the Spirit of Truth, has come, He will guide you into all truth..." John 16:13

D. This teaching is designed to primarily show you the love of God the Father. Our incomplete view of the trinity is an important reason we do not understand sickness and disease in our culture.

II. WHO IS GOD THE FATHER?

A. **God the Father is the giver of good gifts.** God the Father gave us everything we need from the beginning to have abundant life on this earth. Even in our broken and tainted world, God provides the resources for us. We may have to work harder to find them today, but His provision is abundant and never-ending. In fact, the more challenging our world becomes, the more we must lean on God for His provision. God also gave us a most incredible gift, the human body. Do we take it for granted?

"Every good gift and every perfect gift is from above, and comes down from the Father of lights, with whom there is no variation or shadow of turning." James 1:17

Genesis Chapter One - God loves to create

Day One - "Let there be light." Day and night.

Day Two - Division of firmament from the waters. Heaven.

Day Three - Dry land and seas. Grass, herb that yields seed and fruit trees according to their kind. LIFE!

Day Four - Greater and lesser lights for signs, seasons, days and years

Day Five - Sea creatures and birds according to their kind

Day Six - Living creatures from the earth according to its kind. Mankind made in Our image.

Day Seven - Rest

B. **God the Father is the author of life.** God wants us to live long, fruitful lives on this earth. How long are we supposed to live on this earth according to God?

And the Lord said, "My Spirit shall not strive with man forever, for he is indeed flesh; yet his days shall be one hundred and twenty years." Genesis 6:3

"The days of our lives are seventy years; And if by reason of strength they are eighty years, yet their boast is only labor and sorrow; for it is soon cut off, and we fly away." Psalm 90:10

1. Who wrote Psalm 90:10? Moses. Why? He was contending for the lives of the Israelites in the desert. God had cursed them for their complaining and they were dying young, before they were able to reach the promised land. God never intended for us to die this young!

2. What is the average age of our ancestors, **post-flood**? God regularly uses terms such as "old and full of days," "died in a good old age," and "full of years." God made it a point with Moses to declare, "His eyes were not dim nor his natural vigor diminished."

- Joseph - 110 years
- Joshua - 110 years
- Moses - 120 years
- Jacob - 147 years
- Abraham - 175 years
- Isaac - 180 years
- Job - 190 years or so?

3. As the author of life, God sets the rules of the game. He created us, He loves us and He simply wants us to walk in His ways, not our own. He knows our own way leads to destruction. Instead of looking at God as some mean rule-maker, we need to see Him for who He really is, the loving Father who wants us to live out the abundant life He has offered to us.

"See, I have set before you today life and good, death and evil, in that I command you today to love the Lord your God, to walk in His ways, and to keep His commandments, His statutes and His judgments, that you may live and multiply and the Lord your God will bless you in the land which you go to possess. But if you turn your hearts away so that you do not hear, and are drawn away, and worship other gods and serve them, I announce to you today that you shall surely perish; you shall not prolong your days in the land which you cross over the Jordan to go in and possess. I call heaven and earth as a witness today against you, that I have set before you life and death, blessing and cursing, therefore choose life that both you and your descendants may live that you may love the Lord your God, that you may obey His voice, and that you may cling to Him, for He is your life and the length of your days." Deuteronomy 30:15-20

Do we not feel the Old Testament applies to us today?

C. **God the Father is light, energy, quantum physics, magnets, sound, colors, crystals and flowers.** God created it all! We need to wake up to the fact that God has created and given us all things for life. The vast majority of everything we call "New Age" are simply gifts from God the Father. As Christians, we need to embrace these healing modalities that work. We often give so much focus and attention to the demonic, we end up forcing out God. We have been deceived into believing that free gifts from God are all works of the occult. The fact is, some of them may be, but the majority of them are not. Isn't this a primary objective of the enemy, to take truth of God and manipulate it for evil purposes? I think this parallels Paul's teaching in 1 Corinthians 8.

D. **God the Father is Designer, Architect, Mathematician, Biologist, Physicist, Biologist, Zoologist, Chemist, etc.** God designed the earth and everything in it, including us. There is a clear intentionality behind everything He created. Clearly, we cannot do whatever we want, eat whatever we want and say whatever we want, nor can animals, without consequences. Plants need specific elements to survive and function. We must partner and align ourselves with our Creator to have the best chance at abundant life. Life is found in God and that which He created. Everything else (the way of man and false idols) brings death.

III. INCOMPLETE VIEW OF THE TRINITY AND GOD THE FATHER

A. Most churches understand the dominion of Jesus Christ. Our view of God is incomplete if this is all we understand of the trinity. We can mistakenly believe that all sickness and disease is demonic and can only be healed by the blood of Jesus. This is ONE way to restore health, and is very important, and very biblical, but it is not the only way to receive healing. God can also heal our bodies and prevent sickness and disease if we choose to walk in His ways. This is called *responsibility, obedience and stewardship*.

"So He stood over her and rebuked the fever, and it left her... all those who had any that were sick with various diseases brought them to Him; and He laid His hands on every one of them and healed them. And demons also came out of many..." Luke 4:38-40

"Then He healed many who were sick with various diseases, and cast out many demons..." Mark 1:34

1. Personal responsibility. If we don't understand God the Father, we will often do nothing for our health and healing. We often hear phrases such as "It was God's time to take him/her," "I have this sickness and the doctor said I will have it for life," "I have to take this medication for life." We see so many people who don't change their diet or lifestyle because they don't take responsibility for themselves.

2. Obedience. Believers are usually convicted when it comes to obvious sin such as lust, murder, stealing, lying, etc. We seek obedience to the Lord in these areas of our lives. However, because of our modern day culture, obedience to the Lord in stewarding our body seems foreign and unimportant within our theology. Our culture of abundance and reliance on man-made medical interventions gives us a false sense of security. If something goes wrong with our bodies, we believe there is a magic pill, a new breakthrough surgical technique or a magic prayer that will save us. God desires obedience in all areas of our lives, especially in stewarding these vessels made in His very image.

3. Stewardship. God created the universe for us, and commanded us to steward it to show His glory. He asked to take the garden to the rest of the world. Stewarding means learning about God and His creation. We do this through learning farming techniques, caring for the land, learning about the plants and carefully taking care of all the amazing gifts from our Creator. Our stewardship command began in Genesis. We are commanded to steward the earth, our love for God and each other and of course, our bodies.

"Then God blessed them, and He said to them, "Be fruitful and multiply; fill the earth and subdue it; have dominion over the fish of the sea, over the birds of the air, and over every living thing that moves on the earth." Genesis 1:28

B. Misunderstanding God the Father leads to unfair expectations of God. We often expect God to heal us, or we try to negotiate with God. God does perform miracles, but He does this out of His abundant love, mercy and grace. When God performs miracles, this is called intervention. For intervention, God must act on our behalf outside of His natural design and created order. God enjoys it when we understand personal responsibility, obedience and stewardship. God the Father enjoys process. God desires that we would unlock our potential and find abundant life by walking in Him and His creation, instead of disobeying, walking in our own ways, and expecting God to fix us anyway. ***We need to grow beyond the idea of microwave or magic wand Christianity. God wants us to mature so we may produce much fruit. We should partner with God, learn His ways, and walk them out. God wants to bring out our internal treasures because He loves us.***

C. Incomplete understanding of God the Father leads to an acceptance that death is normal. Death is not normal. Pre-mature death is even more abnormal. God is the author of life. Satan walks about like a roaring lion, seeking whom he may devour. ***We were not designed to die.*** God designed us to live forever. This is why it stings so badly when we lose a loved one. Matthew, Mark, Luke and John all quote Jesus on the possibility of never tasting death.

"Assuredly, I say to you, there are some standing here who shall not taste death till they see the Son of Man coming in His kingdom." Matthew 16:28

D. A lack of understanding of God the Father inhibits our ability to see the resources God has freely given to us. The Foundation of Creation is about free gifts from the Father. If we steward them well, we can have abundant life, free of sickness and disease. Many people are so pre-occupied with what God has not given them, they fail to see the abundant resources surrounding them. In health, we are so desperately seeking a man-made solution through a failed medical system, we fail to see the abundant life God is offering you through Him and His creations. If our goal is to receive from man, we have been deceived. Our goal is always to receive from the Father. Think of the first deception in the garden, the lie that God's gifts are not good enough. God is free. There is no patent on God and His free gifts. This is why our world systems so violently oppose natural healing methods. Jesus Christ came to set the captives free. Man-made systems are designed for money extortion, control and manipulation.

E. Incomplete view of God the Father can lead to jealousy. When we only believe in miracles for healing and deliverance, we often question why it happened to "them" and not me. For example, some may accept Jesus Christ as savior and be instantly delivered from cigarette addiction, alcohol, pornography, etc. Many others will not. One person may be healed from terminal cancer through prayer and laying of hands, and thousands of others will not. Why? God chooses how and when to perform His miracles for His purposes. The majority of us will need to walk out the process of growing, maturing, learning and persevering through our trials related to health or addiction so God can use us in greater ways! Embrace it! The purpose is always love...

IV. PRINCIPLES OF GOD'S CREATION

A. ***Our universe has a natural created order governed by principles.*** When God spoke, the universe was set in motion. God does a lot of intervention, but He also lets a lot of things happen from cause and effect, based on His design. For example, God created gravity. God does not push down with His mighty hand every apple that falls off the tree. Every scientific principle that has been discovered by man was created by God. This is why God and science are so intimately related. Food is part of God's design. It really does matter what we choose to eat. The universe operates within the parameters of God. All things operate within these parameters.

B. ***You were designed.*** God has the perfect blueprint, perfect cellular structures, perfect DNA and RNA. We must supply it with the proper building materials.

C. ***Your body is a self-healing mechanism.*** Benjamin Franklin said "God heals and the doctor takes the fee." Doctors set broken bones, God heals them. French writer and philosopher Voltaire said, "The job of the doctor is to amuse the patient while nature cures the disease." Symptoms, pain and discomfort in the body is God's way of speaking to us. If we did not experience pain, we would die much more quickly. Instead of listening to our body, we ignore it or cover up the symptom. Millions of dollars are spent ignoring the very tools that God gave us to turn back to Him and good health. If we don't see pain as beneficial and working on our behalf, we're missing God's love. If God didn't love us, we wouldn't experience enough discomfort to realign with Him.

D. ***God wants us to learn through His creation.*** Many people will not do anything unless it is explicitly written in the Bible. This is like not eating a carrot because the Bible doesn't say we should. God gave us thousands and thousands of plants, minerals and animals to learn about. Everything in our natural world is a reflection of who we are. We can learn from everything in God's kingdom. Problems start when man perverts God's original design for greed, profit and control.

"But now ask the beasts and they will teach you; And the birds of the air they will tell you; Or speak to the earth and it will teach you; And the fish of the sea will explain to you. Who among you does not know that the hand of the Lord has done this." Job 12:7-9

V. UNDERSTANDING HEALTH FROM A VIEWPOINT OF GOD THE FATHER

A. ***God loves to heal through His son Jesus Christ.*** When we plead the blood of Jesus, cast out demons and contend for miracles, these are good, biblical practices. Yet it is not the only way to health and healing. Following God's natural created order, taking responsibility for ourselves, stewarding the earth, stewarding our bodies, eating foods provided by God in original form, loving others, speaking life, laughing and proper rest are just a few of the other ways we can have abundant life. We must learn to **RECEIVE** and **STEWARD** the gifts from the Father that leads to long life.

B. ***We are sick mainly because we are out of alignment with God's natural created order.*** Are there other reasons? Surely. But the vast majority of our ailments today are brought upon us by ourselves through poor choices. We have chosen the way of man, not God. We invest time, effort and money into man-made intervention, not the gifts of God. We choose things made by the hand of man, not God's hand. The progression from Adam and Eve to the modern day lifestyle completely reliant on man-made things continues to remove us further and further from God's natural created order.

"O Lord, how manifold are Your works! In wisdom you have made them all. The earth is full of your possessions..." Psalm 104:24

"So why should the Gentiles say, so where is their God? But our God in heaven; He does whatever He pleases. Their idols are silver and gold, the work of men's hands." Psalm 115:2-4

C. ***Health and longevity is determined by your walk with God and your stewardship of this earth and your body.*** You are responsible, nobody else. When anything goes wrong, our instinct is to play the blame game. The first step in healing is seeking to re-align ourselves with God in body, soul and spirit. Some may die early of martyrdom, or other kingdom purposes, but God does not give us sickness and disease.

D. ***God's heart is breaking over sickness and disease throughout the world.*** Knowing the God of the Bible, we can in no way believe God wants the diseases that are occurring throughout our culture. So why does He allow it? As hard as it may be, any good parent at some point will have to let their children make their own choices, and learn from their own mistakes. God's ultimate goal is always for us to wake up, remove the blinders, and turn back to Him.

"If My people who are called by My name will humble themselves, and pray and seek My face, and turn from their wicked ways, then I will hear from heaven, and will forgive their sin and heal their land." 2 Chronicles 7:14

E. ***Food matters.*** Food has been poorly addressed in the church. God did give us very clear instructions (different from rules) on how we should eat to have a long, healthy life. How have we strayed so far? We can no longer deny that God's original design for food and our environment has been perverted, causing great amounts of sickness and disease throughout the world. Food is not primarily a salvation issue, so few are willing to address it. Food can bring us closer to God or it can dull our spirits. We were designed to consume food, but food was not designed by God to consume us.

VI. THE FOUNDATION OF CREATION

A. Upon what foundation are we building our temples?

... I will liken him to a wise man who built his house on the rock: and the rain descended the floods came, and the winds blew and beat the house; and it did not fall, for it was founded on the rock. ... a foolish man who built his house on the sand: and the rain descended, and the floods came, and the winds blew and beat on that house; and it fell. And great was its fall. (Mt. 7:24-27)

B. The choice is ours to honor our bodies, honor the earth and honor God.

"Blessed is the man who walks not in the counsel of the ungodly, nor stands in the path of sinners, nor sits in the seat of the scornful; But his delight is in the law of the Lord, and in His law he meditates day and night. He shall be like a tree planted by the rivers of water, that brings forth its fruit in season, whose leaf also shall not wither; and whatever he does shall prosper." Psalm 1:1-3